



Supplementary Sailings Instructions

Event: Swedish Championship for Express

Date: August 28 - August 30, 2020

Organizer: Trälhavets Båtklubb

Welcome to Trälhavets båtklubb and the special edition of Swedish Championship for Express 2020. According to Swedish sailing federation and the rules around COVID-19 we need to update the racing format and the activities around this year's event. Communication will be posted on the official digital notice board, join Facebook group:

"Express SM 2020 – Trälhavet/Åkersberga. [LINK HERE](#).

We will also use VHF channel 72 on the water.

Hope you all will enjoy our efforts in making this a great experience. Keep a good team spirit on the water, looking forward in seeing you all at Trälhavet soon!

1. Time schedule

1.1 Dates of racing

Thursday August 27

Registration and Measurement, safety inspection 12.00 - 20.00

Digital skippers briefing in Microsoft Teams 20.00

- [Link HERE](#). Will also available in Facebook group

Friday August 28

Qualifying series races

Time for the first warning signal 10.00

Saturday August 29

Qualifying series races

Time for the first warning signal 10.00

Sunday August 30

Final series races

Time for the first warning signal 10.00

No warning signal will be given after 16.00

Prize giving ceremony as soon as possible after the races and protest hearings. Only to be attended in person by top 5 boats. Digital broadcasted as well.

Boats that have a long journey home will be given priority at the take up area.

- 1.2 Max 9 (nine) races are scheduled during the regatta
- 1.3 The race committee will try to set lay the course so that a race will take approximately 40 minutes to sail.

2. Location of the race office and information

- 2.1 The regatta office is in TäBK´s klubbhus, Båthamnsvägen 18, 184 44 ÅKERSBERGA
- 2.2 Information to the contestants will apply on that will be posted on the official digital notice board, join Facebook group “Express SM 2020 – Trälhavet/Åkersberga. [LINK HERE.](#)
- 2.3 During the regatta messages will also be send on VHF channel 72. Make sure to bring your own.

3. Marks

- 3.1 The rounding marks are yellow cylinder marks
- 3.2 When changing the course, the original mark will be moved. This changes AppSF 10.1

4. Time limits

- 4.1 Time limit for the first boat to sail the course and finish is 80 minutes.
- 4.2 Finishing window is 20 minutes.

5. Changes and additions to RRS appendix S

- 5.1 The course is a windward leeward course based on inner or outer loops. See course appendix. All marks are to be passed to port
- 5.2 Before the warning signal, the committee will show a flag with the color of the Groups to start. The flags will be lowered as soon as possible after starting procedure has ended.
- 5.3 If signal flag T is shown before or with the warning signal, the course will be sailed 3 loops, see description in course appendix.
- 5.3 The classflag is flag F. This changes AppSF 6.1.
- 5.4 The Race committee will not show the course as stated in AppSF 7.1. This changes AppSF 7.1
- 5.4 The starting line is between an orange flag on the starting vessel and a spar buoy with an orange flag at the port end.

- 5.5 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes RRS Appendix 4.
- 5.6 The finishing line is between a blue flag on the starting vessel and a spar buoy with a blue flag at the port end. This changes AppSF 11.1

6.0 Race format

- 6.1 For the qualifying series boats will be divided into four groups, Red, Blue, Green and Yellow, by the race committee. Will be presented after August 27, 18:00CET.
- 6.2 If all fleets have not completed the same number of races by the end of a day, the fleets with fewer races will continue racing the following day until all fleets have completed the same number of races.

- 6.2 **Up to six races per group** in heats as described below.

Two groups will sail together in each race:

Race 1:

Heat 1 Group Red and Blue (*OL)
Heat 2 Group Green and Yellow (*IL)

Race 4:

Heat 7 Group Red and Blue (*OL)
Heat 8 Group Green and Yellow(*IL)

Race 2:

Heat 3 Group Red and Green (*OL)
Heat 4 Group Blue and Yellow (*IL)

Race 5:

Heat 9 Group Red and Green (*OL)
Heat 10 Group Blue and Yellow(*IL)

Race 3:

Heat 5 Group Red and Yellow (*OL)
Heat 6 Group Blue and Green (*IL)

Race 6:

Heat 11 Group Red and Yellow(*OL)
Heat 12 Group Blue and Green (*IL)

*OL or IL=Outer or inner loop, see courses

- 6.3 **Final Series:** Boats will be assigned to final series fleets Gold and Silver on the basis of their ranks in the qualifying series. Half, 50% (or if odd number, one more to Gold fleet) of the boat ranked highest in the qualifying series will be assigned to Gold fleet. Other part to Silver. New colour of the groups as below.

Up to 3 final races

Race 7:

Heat 13 Silver fleet, blue flag displayed on the starting vessel(*OL)
Heat 14 Gold fleet, yellow flag displayed on the starting vessel(*IL)

Race 8:

Heat 15 Gold fleet, yellow flag displayed on the starting vessel(*OL)
Heat 16 Silver fleet, blue flag displayed on the starting vessel(*IL)

Race 9:

Heat 17 Silver fleet, blue flag Gold fleet, yellow flag displayed on the starting vessel(*OL)
Heat 18 Gold fleet, yellow flag displayed on the starting vessel(*IL)

- 6.4 The race committee may change the starting order of the races.

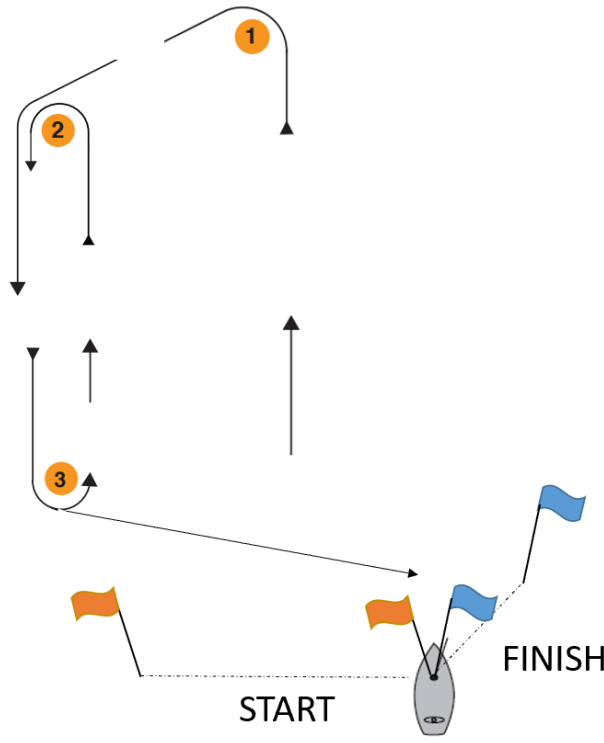
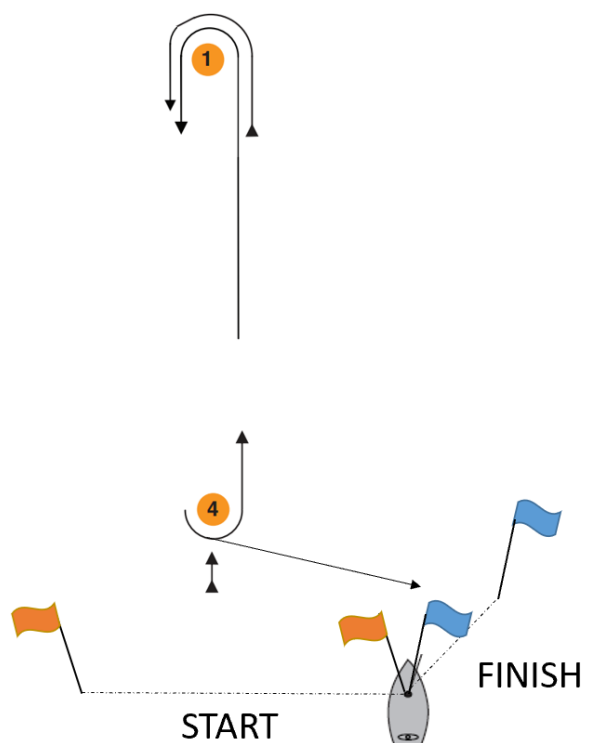
- 6.5 Flags with the same colour as the two groups up for start will be displayed on the starting vessel at the latest at the warning signal. The flags are lowered once the two groups have started.
- 6.6 Outer loop will be displayed on the starting vessel marked with signal flag 1 (one) at the latest at the warning signal. The flag are lowered once the two groups have started.
- 6.7 Boats shall display a coloured ribbon corresponding to the colour of her fleet permanently fixed during the day's races.
The ribbons will be provided at Registration.

Looking forward in seeing you on Trälhavet!

Kristina Wiktander Broman
Race Officer

Appendix: Course

According to Swedish sailing federation and the rules around COVID-19 this is the way we need organize the sailing arena, to divide into smaller groups.

<p>First heat in every race, outer loop “OL” Marked by signal flag 1 (one) in starting procedure Start-1-2-3-2-3 Finish</p> <p>If signal flag T is shown before or with the warning signal, the course will be sailed, Start-1-2-3-2-3-2-3 Finish</p>	<p>Second heat in every race inner loop, “IL” Start-1-4-1-4 Finish</p> <p>If signal flag T is shown before or with the warning signal, the course will be sailed, Start-1-4-1-4-1-4 Finish</p>
	

Appendix: Orientation, harbours etc

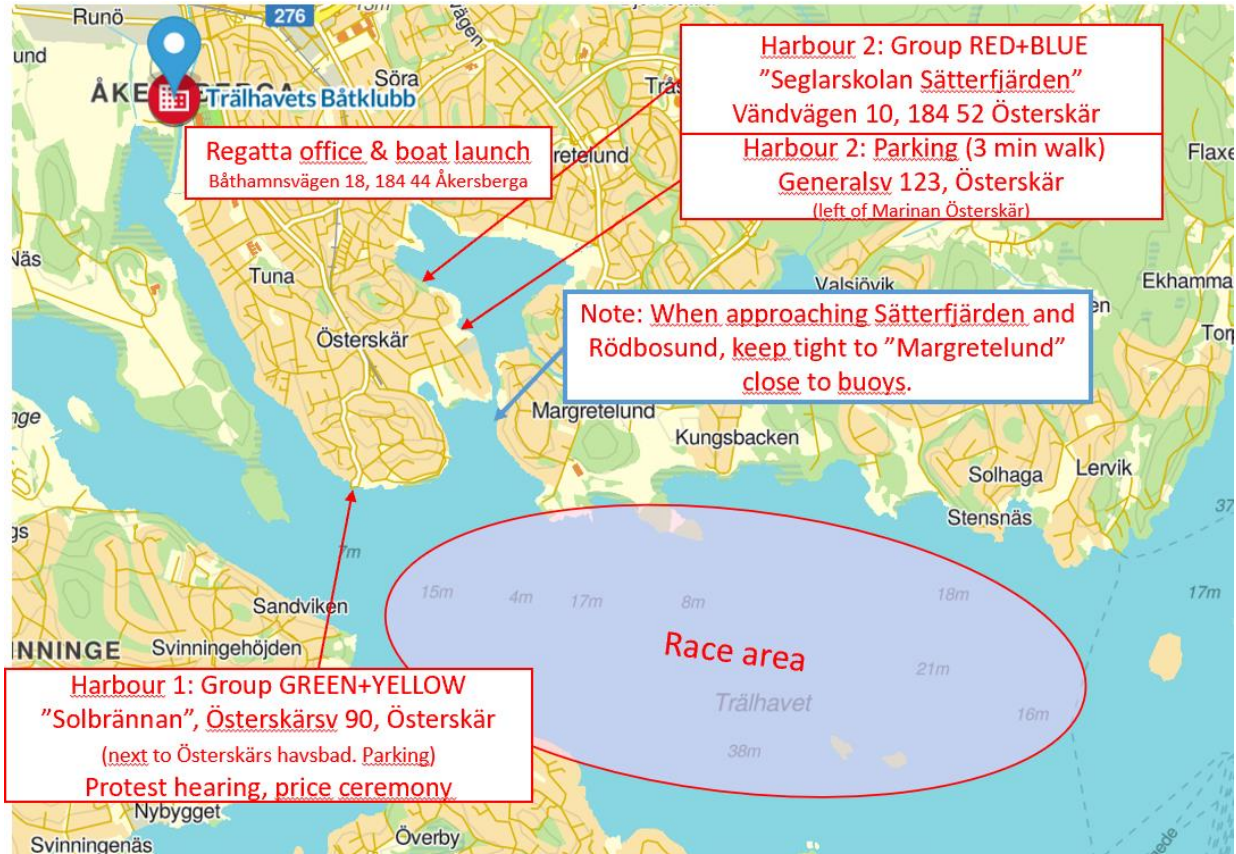
Harbours:

Due to current COVID regulations we need to have 2 harbours.

Harbour 1: Initial groups divided in GREEN and YELLOW

Harbour 2: Initial groups divided in RED and BLUE

Boat launch, see latest communication with Swedish Express Association



Appendix: Groups

Final to be set after Thursday August 27, 18:00 CET

Below initial draft, to be used for harbour placement.

Segelnummer	Förnamn	Efternamn	Klubb	Båtnamn	GROUP
149	Per	Boström	BLBK Vaxholm		BLUE
290	Henrik	Stålheim	Vänersborgs Segelsällskap		GREEN
305	Leif	Dehlén	Sjötorps Segelsällskap	Skampan	YELLOW
322	Måns	Mannström	Trälhavets båtklubb	Bojan	BLUE
347	Magnus	Grönlund	JKV		GREEN
362	Benny	Öhman	Piteå Segelsällskap	Dream	BLUE
391	Bengt	Jannsen	WSSW	Base XS	RED
468	Max	Koszela	Kungliga Svenska Segelsällskapet	Kokaburra	YELLOW
497	Rebecka	Höjner	Trälhavets Båtklubb	Actic Fox	RED
528	Jonas	Hallberg	Trälhavets Båtklubb	Hallberg & co	YELLOW
595	Magnus	Janeborn	SSH		GREEN
611	Olle	Heimersson	Umeå SS	Seaflex	RED
700	Tomas	Movin	Viggbyholms Segelsällskap		BLUE
746	Niklas	Erneberg	Sbs Södertälje båtsällskap	Joyride	GREEN
800	Cecilia	Grönlund	Trälhavets båtklubb	Hildur	YELLOW
978	Jonas	Håkanson	Stockholms Segelklubb	Spray	BLUE
2002	Erik	Lindén	Oxelösunds Segelsällskap	Team ONESAILS	RED
2012	Mikael	Collberg	Mariestads Segelklubb		RED