



Notice of Race

Event: Swedish Championship for Express

Date: August 28 - August 30, 2020

Organizer: Trälhavets Båtklubb

1. Rules

- 1.1 The regatta will be governed by the rules as defined in the Racing Rules of Sailing (RRS) and with appendix S.
The sailing instructions will consist of the instructions in RRS Appendix S, Standard Sailing Instructions, and supplementary sailing instructions that will be on the official notice board located at the sailing venue Solbrännan, Österskär.
- 1.2 The class rules for Express class will apply.
- 1.3 Boats may be required to display advertising chosen and supplied by the organizing authority. If this rule is broken, World Sailing Regulation 20.9.2 applies. [DP]
- 1.4 Competitors shall when afloat wear personal flotation devices. This rule does not apply to short-term replacement or adjustment of clothing or personal equipment, or when competitors are in the harbor or under deck. Wet suits and dry suits are not personal flotation devices. This changes RRS 40. A boat that breaks this rule may be warned or penalized at the discretion of the protest committee (*DP*).
- 1.5 The competitor that is in charge on board shall follow Swedish Sailing Federations racing license regulation for competitors. This regulation applies from the year the competitor reach the age of 12. Competitors from other countries than Sweden are exempt from this regulation.
- 1.6 If there is discrepancy between NOR and Appendix S, Standard Sailing Instructions, and supplementary sailing instructions, the Appendix S, Standard Sailing Instructions, and supplementary sailing instructions will prevail.

2. Eligibility requirements

- 2.1 To be entitled to participate in Riksidrottsförbundets championships, each competitor must comply with World Sailing Regulation 19.
In order to be awarded the title Swedish Champion (SM) the competitors shall be Swedish citizens or have resided in Sweden for at least six months the last twelve months before the regatta starts.
At championships with more than one competitor per boat, a majority of the crew (more

than 50%) shall comply with the rule regarding the title Swedish Champion. If so, the entire crew will be awarded the title Swedish Champion.

- 2.2 Each participating boat shall be insured with valid third-party liability insurance.
- 2.3 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organising authority will not accept any liability for material damage, or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

3. Entries

- 3.1 Entry shall be made not later than August 2, 2020, at <https://www.sailarena.com/sv/se/club/taebk/express-sm2/Registration/>
- 3.2 The advance entry shall include the following:
 - Sail no.
 - Helmsman and crew
 - Nationality
 - Cell phone
 - E-mail
 - Club
 - Insurance Company
- 3.3 The entry fee is 3.500 SEK and shall be paid when register in Sail Arena. Entry fee after August 2 is 4.000 SEK. Paid entry fee will not be refunded. Regatta dinner will be arranged. Regatta dinner can be booked and paid at the race office.

4. Registration and measurement checks

- 4.1 Registrations shall be made at the race office not later than Friday August 28 at 08:00.
- 4.2 Competitor that is in charge onboard, according to §1.5 shall be able to present a valid license for competitor.
- 4.3 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. Selection of boats and rules for control will be decided by RC. On the water, the race- or/and the Technical Committee can instruct a boat to proceed immediately to a prescribed location for inspection.
- 4.4 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made to the Race Committee at the first reasonable opportunity.
- 4.5 A competitor may not be substituted without the written permission of the Race Committee.

- 4.6 At registration, all crew members must be weighed to ensure that the total crew weight complies with the class rules.
- 4.7 At registration a valid boat certificate must be presented. The certificate for Express must either be a digitally registered certificate at svensksegling.se or a filled and signed copy of chapter H.9 in the 2019 class rule.
- 4.8 Express Class has a new class rule since 2019. If a boat fails to comply with the class rule, other sailors will offer their help. If, however, it is not possible to get the boat to follow the class rule, it will be allowed to start but will not get a total result

5. Time schedule

5.1 Programme

Wednesday August 26

Registration and Measurement, Boat launch, safety inspection 12.00 - 18.00

Thursday August 27

Sprint race (see separate Notice of Race) 11:00

Registration and Measurement, Boat launch, safety inspection 17.00 - 19.00

After Sail as soon as the day's race is over

Friday August 28

Skippers briefing 09.00

Time for the first warning signal 11.00

After Sail as soon as the day's race is over

Saturday August 29

Time for the first warning signal 11.00

Regatta dinner, approx. 19.00

Sunday August 30

Time for the first warning signal 11.00

No warning signal will be given after 15.00

Prize giving ceremony as soon as possible after the races and protest hearings.

Boats that have a long journey home will be given priority at boat haul out.

- 5.2 Nine races are planned, three per day.

6. Race format

- 6.1 The championship will be conducted as a straight series

7. Racing area

- 7.1 The racing areas will be at Trälhavet, south east of Åkersberga.

8. The course

8.1 Windward-leeward course will be sailed.

9. Protests and penalty systems

9.1 RRS Appendix P will apply.

9.2 RRS Appendix T1 will apply.

10. Scoring

10.1 The low point scoring system of RRS Appendix A will apply, modified so that when three or fewer races have been completed, a boat's series score will be the total of her race scores.

10.2 3 races are required to be completed to constitute a championship.

11. Prizes

11.1 Perpetual prize to the winner. Swedish Championship (SM) plaque and titles will be awarded to top 3 Swedish boats.

11.2 Championship plaque and titles may be awarded if six or more boats from at least three different Swedish clubs located in more than one Swedish district have crossed the finish line in one race in the championship.

12. Rules for support persons

a) Support persons shall follow Swedish Sailing Federation safety code.

b) Support person shall launch, berth and take up his craft (coach boat) as directed by the organizer.

c) Support person shall follow RRS 1, 2 and 55 and not subject a competitor to risk breaking RRS 41.

d) During the race, a support person shall not be closer to a competitor than 50 meters, except when the support person acting under RRS 1.1.

13. Radio Communication

13.1 Except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This shall apply from the time she leaves her mooring for the first race of the day until racing for the day is complete.

13.2 The Race Committee may choose to make VHF radio communications to the fleet on a channel to be announced. It is strongly encouraged that each boat has a VHF radio on board capable of receiving these communications for purposes of safety and for receiving Race Committee communication, including notification of OCS boats. Race Committee failure to notify, delay notification, and the order announced will not be grounds for redress.

Date: 24 March 2020

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