

Sailing Instructions (SI)

Swedish Championship, SM, for J70 2026

Dates: August 21-23, 2026

Location: Åmål, Sweden

Boatclass: J70

Organizing authority: Segelsällskapet Åmålsviken, SSÅV

1. Rules

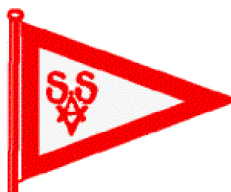
- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 RRS 44.1 is changed so that a two-turn-penalty is changed to a one-turn penalty.
- 1.3 Swedish time indication will apply.
- 1.4 Start and finish of each race will be governed by the Vakaros system

2. Changes to the Sailing Instructions

- 2.1 Any change to the sailing instructions will be posted on the official notice board, ONB, no later than 30 minutes before the Skippers Meeting on the day it will take effect, at

<https://www.sailarena.com/sv/se/club/ssaaav/>

- 2.2 Any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

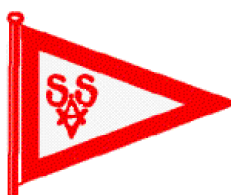


3. Signals made ashore

- 3.1 Signals made ashore will be displayed on the flag pole at SSÅV Race Office.
- 3.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in RRS Race Signals.

4. The start

- 4.1 Time schedule
- | | |
|------------------------------|---|
| Thursday August 20 | |
| 13.00 - 21.00 | Check in (Vakaros) and launching
Random inspection |
| Friday August 21 | |
| 08.00 - 10.15 | Check in (Vakaros) and launching
Random inspection |
| 10.30 - 11.00 | Skippers meeting |
| 12.30 | Start Practice Race(s) |
| 13.30 | First Warning Signal of the day |
| Boats arrival at harbour | After Sail sponsored by the Swedish
J/70 Class Association |
| Saturday August 22 | |
| 08.30 | Skippers Meeting |
| 09.55 | First Warning Signal of the day |
| 19.00 | Regatta Dinner |
| Sunday August 23 | |
| 08.30 | Skippers Meeting |
| 09.55 | First Warning Signal of the day |
| 15.00 | No Warning Signal after this time |
| All boats arrived to harbour | Prize Giving ceremony
After Sail |
| After Prize Giving | Lifting boats
After Sail cont... |



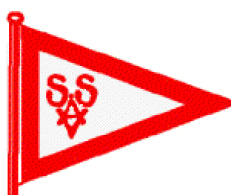
4.2 RRS 26 is changed as follows:

Minutes before the start	Visual signal	Flag up or down	Sound signal	Means
>10	Orange flag 	Up 	One	Attention
5	Flag E 	Up 	One	Warning signal
4	Flag P* 	Up 	One	Preparatory signal
1	Flag P* 	Down 	One long	One minute
0	Flag E 	Down 	One	Starting signal

*The Race Committee can also use the flag I, U or the Black Flag instead of the flag P.

The countdown to the start on the Vakaros system will be the official time. Signal flags will only be used for information purposes.

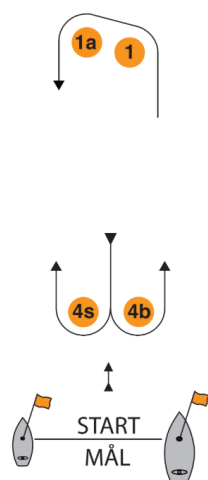
4.3 To alert boats that a new starting sequence is about to begin, the orange flag on the starting line will be displayed with a sound signal not less than five minutes before the attention signal.



- 4.4 A boat that does not start within five minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.

5. The course

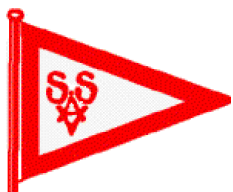
- 5.1 The starting line is between the orange flag on the race committee vessel at the starboard end and the course side of the port-end starting mark, a flag buoy.
- 5.2 The diagram below shows the course, the order in which marks are to be passed and the side of which each mark is to be left. The course is to be sailed Start – mark 1 – mark 1a – mark 4/4a – marks 1 – mark 1a – finish. The rounding marks are yellow buoys and marks 1 and 1a is to be left to port.



- 5.3 The race committee may display flag T before or at the same time as the Warning signal, which means that the course shall be sailed three laps instead of two. In such case, the course is to be sailed:



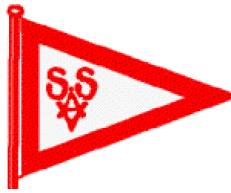
START – 1 – 1a – 4a/4b – 1 – 1a – 4a/4b – 1 – 1a – FINISH



- 5.4 The finishing line is between a blue flag on the race committee vessel and the course side of the finishing mark, a flag buoy.
- 5.5 The race committee will try to set the course so that a race will take approximately 50 minutes for the first boat.
- 5.6 The time limit for the first boat to sail the course is 75 minutes.
- 5.7 A boat that does not finish within 15 minutes after the first boat has finished, will be scored Did Not Finish (DNF). This changes RRS 35.
- 5.8 The race committee may adjust the position of any laid inflated mark(s) by up to approx. plus or minus 15 degrees relative to its previous position and/or up to approx. 200 meters to windward or leeward without a signal. This changes to RRS 33.
- 5.9 In cases of changes greater than those described in 5.8 above, RRS 33 will apply.
- 5.10 If a leeward gate is not in position, boats shall round the existing single mark to port
- 5.11 The race committee will try to, however at its own discretion if deemed possible and appropriate, broadcast information regarding any change to the next leg of the course, via VHF. Failure to broadcast or receive broadcast shall not be grounds for redress. This changes to RRS 61.4(b)(1).

6. Protests and requests for hearings

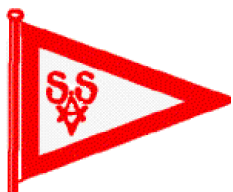
- 6.1 Protests and requests for hearings shall be filed, and comply with the requirements of RRS 61.2, at the race office not later than the protest time limit, 90 minutes, after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later.



- 6.2 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses, including time and place for the hearing. Call for hearing may also be e-mailed to the parties.

Date: February 28, 2026

Name: Robert Olsson, NRO



ADDENDUM 1 – Vakaros RaceSense System

Rules and Instructions for Using the Vakaros units and RaceSense System

A1.1 Each boat shall have a working Vakaros unit to be configured for RaceSense at check-in. This shall be mounted in the approved location.

A1.2 The Vakaros RaceSense system will be used by the Race Committee (RC) and the relevant information will be available to all boats.

A1.3 The visual identification of boats infringing RRS 29 and RRS 30 by the RC is replaced with electronic identification through the Vakaros system, modifying RRS 29.1, 30.1, 30.2, 30.3, and 30.4. In the event a start needs to be abandoned, for fairness or safety reasons, the RC will display code flag N with three sounds and the race will be abandoned.

A1.4 Any failure of the Vakaros system, parts or communication systems will not constitute grounds to request redress by a boat or the Protest Committee. This changes RRS 41(c), 61.1(a), 61.1(c).

A1.5 If the RC vessel displays flag O with a sound signal before the warning signal of a race, **the sentence “The countdown to the start on the Vakaros system will be the official time. Signal flags will only be used for information purposes.” in 4.2** will not apply to that race.

A1.6 If the RC vessel displays flag R with a sound signal before the warning signal of a race, Competitors shall restart their Vakaros unit by switching it off, waiting 10 seconds and then switching it back on to reconnect to the RaceSense network. Flag R will remain displayed for a minimum of 2 minutes and will be removed with the next warning signal.

A1.7 If firmware updates to Vakaros devices are required between scheduled race days, notice will be posted on the ONB.