

**F18
Open Nordic
Championship 2022**

**SAILING
INSTRUCTIONS**

2th – 4th September
2022 Nynäshamn -
Sweden

*Organizing Authority is Nynäshamns Yacht
Club
in conjunction with the Swedish F18 Class
Association*

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) and the prescriptions of the Nordic Sailing Federation.
- 1.2. No National prescriptions will apply.
2. RRS Appendix T – Arbitration – will apply.
3. The Nordic SFs '*Rules for Nordic Championships*' applies.
4. In all rules governing this regatta:
 - 1.4.1.[NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).
 - 1.4.2.[DP] denotes a rule for which the penalty is applied according to the RRS Introduction –
Notation
5. A two-turn-penalty is replaced with a one-turn-penalty. This changes RRS 44.1
6. If there is a conflict between languages the English text will take precedence.

2. NOTICES TO COMPETITORS

- 2.1. [NP] Notices to competitors will be posted online on [Sailarena](#).

3. CHANGES TO NOTICE OF RACE & SAILING INSTRUCTIONS

- 3.1. Any change to the Notice of Race & Sailing Instructions will be posted no later than 08:00 on the day it will take effect, except that any change to the schedule of races will be posted by 21:00 or by the end of protest time limit (whichever is later) on the day before it will take effect.

4. SIGNALS MADE ASHORE & AFLOAT

- 4.1. Signals made ashore will be displayed at the Official Flagpole. Next to Nynäshamns Yacht Club.
- 4.2. [DP] [NP] When Flag AP is displayed ashore '1 minute' is replaced with 'not less than 20 minutes in the race signal AP. This changes RRS Race Signals.

5. [DP] EQUIPMENT

- 5.1. Equipment may be inspected at any time during the event for compliance with the class rules and the NOR/SI.
- 5.2. Substitution of damaged or lost equipment will not be allowed unless authorized by the Organizing Committee.

6. SCHEDULE

6.1. Event Schedule:

<i>Date</i>	<i>Time</i>	<i>Event</i>	<i>Planned races</i>
Friday September 2 nd	08:00-12:00 12:00 13:55	Registration Skippers meeting First Warning Signal	Three (3) races are planned; up to four (4) can be sailed.
Saturday September 3 rd	10:30	First Warning Signal	Ten (10) races are planned in total
Sunday September 4 th	10:30 15:00	First Warning Signal Last Warning Signal	

6.2. On the last scheduled day of racing no warning signal will be made after 15:00.

7. RACING AREAS

7.1. The race area will be on Mysingen – North East of the Yacht Club.

8. COURSES

- 8.1. The course to be sailed are shown in Addendum A. The diagrams will show the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2. If a gate is either set or replaced by a single mark, it shall be left to port.

9. MARKS

- 9.1. The marks are described in addendum A
- 9.2. In case one of the marks M2a or M2b is missing, the remaining mark shall be rounded to Port.

10. THE START

10.1. All races will be started using the following procedure, this changes RRS 26.

10.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound for at least five (5) minutes before a warning signal is made.

<i>Time to start (min)</i>	<i>Visual signal displayed</i>	<i>Visual signal removed</i>	<i>Sound signal</i>
5	White flag with number 5		One
4	Blue flag with number 4 together with the preparatory signal	White flag with number 5	One
1	Yellow flag with number 1	Blue flag with number 4 together with the preparatory signal	One long
0		Yellow flag number 1 and other flags	One

10.3. The starting line will be between an orange flag on the race committee vessel and either

- a buoy displaying an orange flag or,
- an orange flag displayed on a race committee pin-end-boat.

10.4. The warning signal for each succeeding race will be made as soon as practicable after the finish of the previous race.

10.5.

11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1. To change the next leg of the course, the race committee will lay a new mark or move the existing mark and give signals in accordance with RRS.

12. TIME LIMITS AND TARGET TIMES

12.1. Time limits and target times for races are in minutes and as follows:

<i>Course</i>	<i>Target Time</i>	<i>Time Limit</i>	<i>Finish Window</i>
Course Racing	30	75	15

12.2. The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window or within the Race Time Limit will be scored Did Not Finish (DNF). This changes RRS 35 and A5.

14. PROTESTS

14.1. The protest time limit is 60 minutes after the last boat finish in the last race of the day or the race committee signals no more racing today, whichever is later.

14.2. Hearing request forms are available at the race office.

14.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

15. SCORING

1. A minimum of three (3) races is required for a valid Nordic Championship.
2. A competitor's series score will be the total of her race scores excluding her worst score(s) as follows:

<i>Races completed</i>	<i>Discards</i>	<i>Comments</i>
1-3	0	No discard
4-9	1	One worst score discarded
10 or more	2	Two worst scores discarded

16. [DP] [NP] SAFETY REGULATIONS

1. Competitors that retires from a race shall notify the Race Committee as soon as possible.
2. Competitors not racing for any of the racing days shall inform the Race Office.

17. [DP] TRASH DISPOSAL

17.1. Trash may be placed aboard support and Committee boats.

18. [DP] RADIO COMMUNICATION

18.1 While on the water, a competitor shall not carry equipment capable of making radio transmissions or receiving radio communications, except for equipment provided by the Organizing Authority. This restriction also applies to mobile telephones.

19. PRIZES

- 19.1 Prizes will be given to the best three (3) crews.
- 19.2. Gold-, Silver- and Bronze medals will be given if the event (fleet size minimum 15, nationalities etc.) complies with the 'Rules of Nordic Championships'. This changes NoR 11.1
- 19.3. Prizes to best mixed team and best youth team may be awarded if applicable.

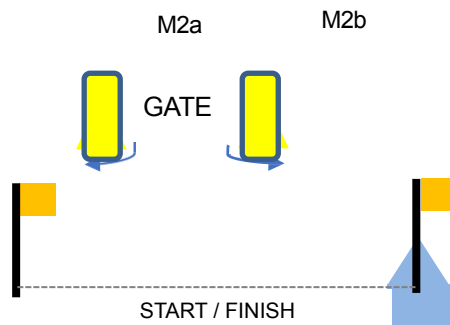
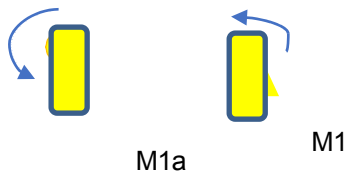
20. DISCLAIMER OF LIABILITY

- 20.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

21. INSURANCE

- 21.1. Each participating competitor shall be insured with valid third-party liability insurance with a minimum cover of €1.000.000 per event or the equivalent.

ADDENDUM A – COURSE DIAGRAMS



Description of the marks:

M1, M2a/b:
yellow cylindrical mark

M1a:
yellow cylindrical mark

New mark (according to SI 11):
yellow cylindrical mark

Rounding

START – M1 – M1a - GATE – M1 – M1a – FINISH

SPORT