

Safety equipment check list

The following equipment is mandatory and will be subject to safety inspection.

Make sure this is in order and on each boat before safety inspection starts.

Mandatory on each boat

1 fully functional waterproof marine VHF in trampoline pocket, lower part of mast or similar to be accessible also when capsized.	
1 red parachute flare attached under trampoline or on either beam for easy access when capsized.	
1 towing line, minimum 15m * 6 mm with stretch (not a halyard or similar). 8 mm is recommended, but not mandatory.	
1 paddle, at least 120 cm, for example attached to boom with shock cord.	
1 First aid kit (containing as a minimum sterile gauze dressings, bandages, plasters in a variety of different sizes) in a waterproof bag available on trampoline (not stowed away in the hull).	
1 knife attached to boom and 1 on the Dolphin striker for use when capsized (or 1 knife on each sailor)	

Mandatory on each sailor

A dry suit or a wet suit worn at all times.	
1 mobile phone in waterproof pouch or similar	
1 Life jacket and whistle.	
1 red hand-held emergency flare (smoke or electronic) attached to life jacket or in a pocket.	

Allowed and recommended equipment (not checked)

- A GPS with plotter and relevant charts.
- A camel back or equivalent up to 3.0 liters on each competitor (does not count as water ballast systems)
- A personal locator beacon (PLB) or AIS on each competitor or on the boat may be used and is recommended. If carried, personal identification data shall be registered to the race Safety officer.