

Safetyplan NM OK, Kalmar 2024

Safety instructions for all participants and officials

- All participants and officials must wear a life jacket when they are on or near the water
- First out on the water is always a safety boat, then sailing dinghies
- High preparedness to be able to act quickly in the event of an accident.
- that our sailboats stay within our designated area.
- A person in the water should generally be considered to be in danger or in need of assistance. It is therefore everyone's duty to offer help to people in the water and, if necessary, rescue them
- Always secure people first, then equipment and boats
- All officials have received a safety briefing where risks and measures have been reviewed
- All participating escort boats are part of the Safety Organization and are expected to assist all boats when necessary

CONTACT DETAILS RACING MANAGEMENT

Funktionärer	Namn	Kanal	Telefon
Competitionsleader	Marianne Lehtonen	72	+4673-400 39 39
Sailingleader	Christer Ovren	72	+4670-532 54 49
Security manager	Kristofer Svensson	72	+4670-549 57 74

AUTHORITIES CONCERNED AND OTHERS

Authority/others	Contactst		phone
Sea rescue	On-call rescue leader		112
Healthcare information			1177

Special instructions

All official boats must be equipped with

1. Telephone and telephone directory
2. Medical equipment
3. Safety kit (knife and nippers)
4. Sailing regulations with course description
5. List of participants
6. Crew list and security plan.

All officials must wear a yellow vest. The safety boat should be the last to enter port. In the event of an accident, call 112 or call "Sweden Rescue" on VHF channel 16. Then contact the competition management

Emergency, urgent event

Larma Räddningstjänsten via telefon 112 eller anropa "Sweden Rescue" på VHF kanal 16. Den som observerar ett nödläge skall direkt larma Sjöräddningen (Sweden Rescue) eller Räddningstjänst (SOS Alarm). Larm skall av tidsskäl inte ske via tävlingsledningen. Däremot skall tävlingsledningen och säkerhetsansvarig informeras så snart som möjligt.

Vid nödläge skall insatserna i första hand inriktas på att rädda personer. **Uppsamlingsplats** i land är **klubbhuset Stensö fiskeläge**. Alla som finns tillgängliga och alla båtar har skyldighet att hjälpa till vid ett nödläge.

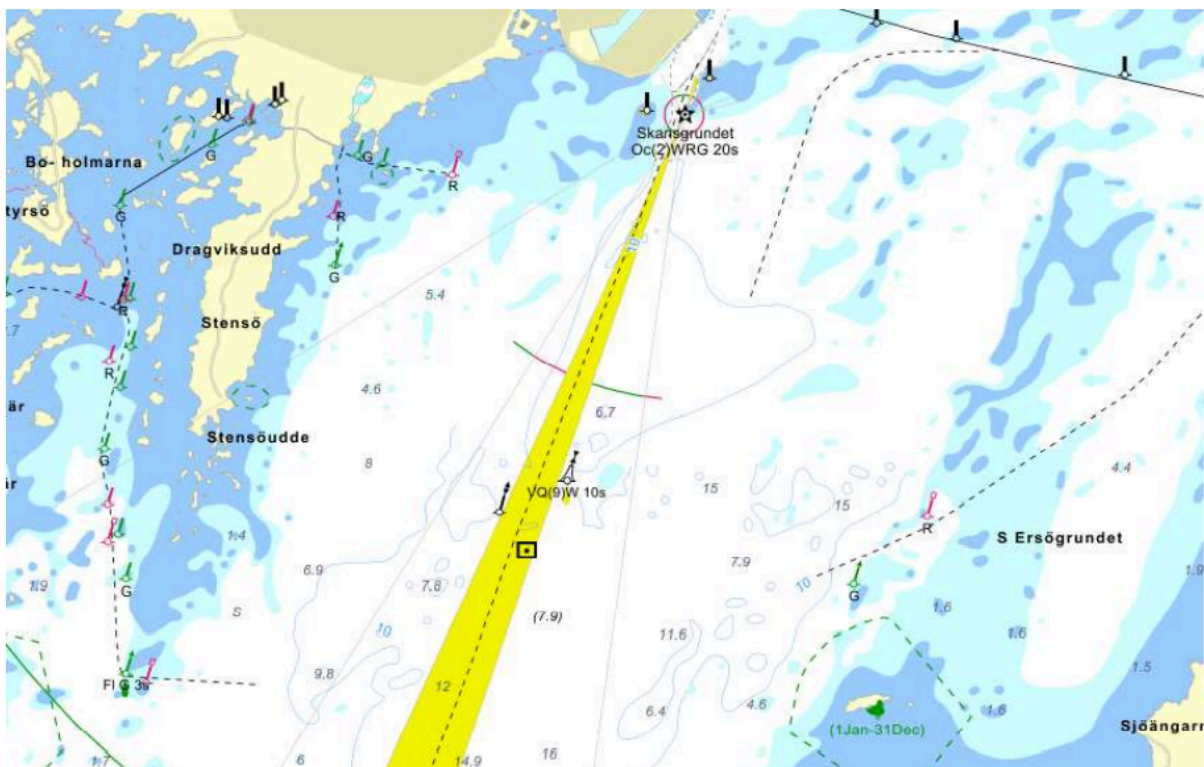
Uppsamlingsplats till havs är Start- & Målfartyg när/om det blir många som har ramlat i vattnet.

In case of serious personal injury

1. Treat the casualty (in BBS order: Breathing, Bleeding, shock/trauma)
2. Call 112 or call "Sweden Rescue" on VHF channel 16
3. Inform the security officer (mobile or via VHF).

Course-laying boats and judges' boats become safety boats by decision of the sailing director. Other boats can be given information from the safety officer or other e.g. Swedish rescue

Approximate racearea



Tune up race Friday June 7th at 18.00

Planned first warning signal Saturday June 8th at 10.55

Planned first warning signal Sunday June 9th at 9.55