

Sailing Instructions (SI)

Nordic Youth Championship 2026 Dingy Sailing

Dates: 2026-07-28 to 2026-08-01

Location: Tjörnbrö Arena, Sweden

Class: ILCA 4 ILCA 6, 29er, Optimist boys, Optimist girls

Organizing authority: Stenungsunds Segelsällskap

[NP] denotes a rule that shall not be grounds for protests by a boat.
This changes RRS 60.1

[DP] denotes a rule for which the penalty is at the discretion of the protest committee.

1. Rules

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Rules of Nordic Championships applies.
- 1.3 IODA rules and regulations for the Optimist class applies.
- 1.4 ILCA rules and regulations for the ILCA class applies.
- 1.5 29er rules and regulations for the 29er class applies.
- 1.6 Appendix T, Arbitration, applies.

2. Changes to the sailing instructions

- 2.1 Any change to the sailing instructions will be posted on the official notice board at <https://www.sailarena.com/en/se/club/stenungsunds-segelsallskap/nordic-youth-championship/> before 08:00 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 hrs. on the day before it will take effect.

3. Signals made ashore

- 3.1 Signals made ashore will be displayed from the flagpole at the dingy launch area.

- 3.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in RRS Race Signals.
- 3.3 The race office is located at Tjörnbro Arena, Almön 50.
- 3.4 [DP], [NP] Boats shall stay ashore until flag D is displayed. The flag D, together with a sound signal, will be given at least 60 minutes before the first warning signal.

Flag D may be combined with one or several class flag and is then only valid for those classes.

4. The start

- 4.1 The daily race schedule, the daily number of races, courses and race areas will be posted on the official notice board.

Date	Time	Program
Tuesday, July 28 th	0900-1800	Official arrival day Registration, inspection, Opening ceremony
Wednesday, July 29 th	0900 1055	Coach meeting First warning signal Fleet racing
Thursday, July 30 th	0900	Coach meeting Fleet racing
Friday, July 31 st	0900	Coach meeting Team Racing Optimist Other classes fleet racing
Saturday, August 1 st	0900 1500 Afternoon	Coach meeting Latest time for last warning signal Closing ceremony including prize giving

- 4.2 To alert boats that a new starting sequence will begin soon, the orange starting line flag will be displayed at least five minutes before a warning signal is made.
- 4.3 A boat that does not start within five minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.
- 4.4 [DP] A boat that has not been given a warningsignal shall avoid the starting area during the starting procedure of other races. The starting area is defined as a rectangle 50m from the starting line and marks in all directions.

4.5 Class flags

Class	Classflag
Optimist – Girls fleet	Optimist, Yellow flag
Optimist – Boys fleet	Optimist, Blue flag
ILCA 4	ILCA, Yellow flag
ILCA 6	ILCA, Green flag
29er	29er, Pink flag

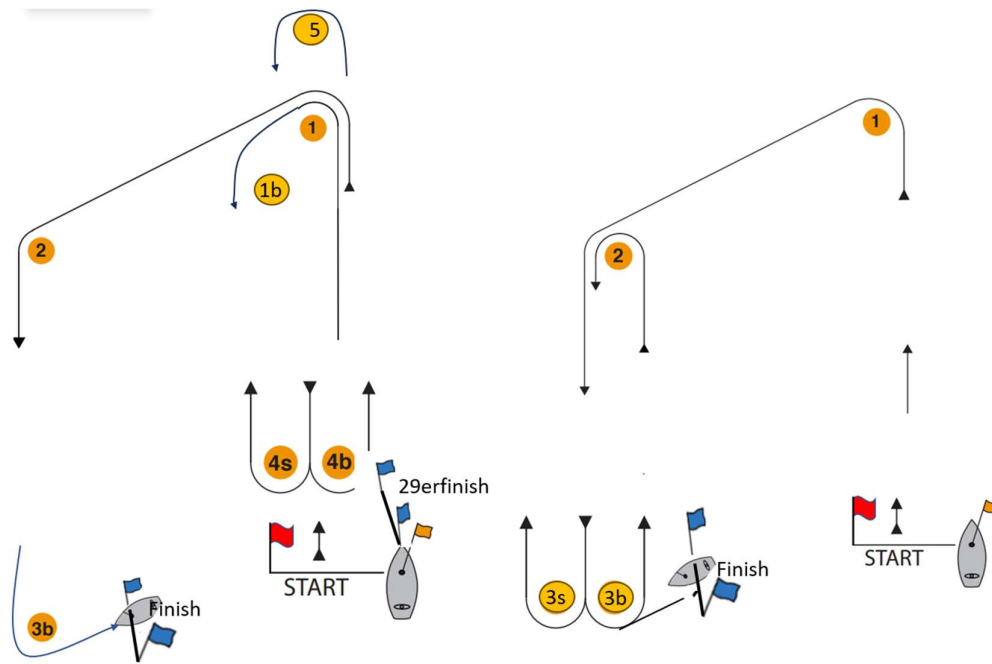
5. The course

- 5.1 The starting line is between staffs displaying flags. On its starboard side a orange flag, the staff is on a race committee vessel, and on its port side a red flag, the staff is on a race committee vessel or spar buoy
- 5.2 The course is trapezoid. If one of the marks of the gate is missing, the remaining mark shall be left on the port side of the boat.

The course shall be sailed:

Course	(no signal)	Flag E displayed before the warning signal
Inner loop course	Start – 1 – 1b– 4s/4b – 1 - 2 – 3b – Finish	Start – 1 -1b – 4s/4b – 1 – 1b– 4s/4b – 1 – 2 – 3b – Finish
Outer loop course	Start – 1 – 2 – 3s/3b – 2 – 3b – Finish	Start – 1 – 2 – 3s/3b – 2 – 3s/3b – 2 – 3b – Finish
29er	Start – 5 – 4s/4b – 5- 4b – 29erfinish	Start – 5 – 4s/4b – 5 – 4s/b – 5 – 4b – 29erfinish

- 5.4 The marks on course 1 are:
1, 2, 3b, 3s, 4b and 4s are yellow cylinders
1b is a red or orange buoy
There will be no mark 5.
- 5.5 The marks on course 2 are:
1 is a orange robotic marks
2, 3b, 3s, 4b and 4s are yellow cylinders.
5 will be a white cylinder
There will be no mark 1b



Inner loop and 29er course

Outerloop course

- 5.6 To change the next leg of the course, the race committee will move the original mark to a new position.
- 5.7 The finishing line is between staffs displaying blue flags. On its starboard side, the staff is on a race committee vessel, and on its port side, the staff is on a race committee vessel or spar buoy.
- 5.8 Before any boat has started a leg, the race committee may move a mark without signaling. This changes RRS 33

6 PENALTY SYSTEM

- 6.1 29er only:
RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 6.2 Appendix P will apply with the following changes:
- 6.2.1 All except 29er:
RRS P2.3 does not apply and RRS P2.2 is changed so that it applies to any penalty after the first one.
- 6.2.2 ILCA 4 and ILCA 6 only:
If a first penalty is signalled after a boat has crossed the finish line, the penalty will be a 10% scoring penalty calculated as stated in RRS 44.3(c).
- 6.2.3 ILCA 4 and ILCA 6 only:
RRS P4 is replaced with "An action by the member of the protest committee or its designated observer under RRS P1.2 shall not be grounds for a request for redress by a boat under RRS 61.1(a). The protest committee may initiate

a redress hearing and may give redress for an action under RRS P1.2 by a member of protest committee or its designated observer”.

6.2.4 29er only:

RRS P2.1 to P2.3 are deleted and replaced by:

P2.1 First and Second Penalty

When a boat is penalized under rule P1.2 for the first or second time during the event, her penalty shall be a One-Turn Penalty under rule 44.2. If she fails to take the penalty she shall be disqualified without a hearing.

P2.2 Third and Subsequent Penalties

When a boat is penalized a third or subsequent time during the event, she shall promptly retire. If she fails to do so she shall be disqualified without a hearing and her score shall not be excluded.

7 TIME LIMITS AND TARGET TIMES

7.1 The mark 1 time limit, race time limit (see RRS 35), finishing window, and target time are shown in the table below.

Class	Mark 1 time limit	Race time limit	Finishing window	Target time
ILCA 4	30 min	60 min	20 min	40 min
ILCA 6	30 min	60 min	20 min	40 min
Optimist Boys	30 min	60 min	20 min	40 min
Optimist Girls	30 min	60 min	20 min	40 min
29er	30 min	60 min	20 min	30 min

7.2 If no boat has passed the first mark within the mark 1 time limit, the race will be abandoned.

7.3 The finishing window is the time for boats to finish after the first boat sails the course. Boats failing to sail the course within the finishing window, will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1, and A5.2.

7.4 Failure to meet the target time will not be grounds for redress. This changes RRS 61.

8 HEARING AND SCORING REQUESTS

8.1 To request correction of an alleged error in posted race or series results, a boat may submit a scoring enquiry at the race office or through the official notice board.

8.2 A boat that finishes and intends to protest for an alleged break of RRS part 2 or RRS 31 shall, immediately after finishing and before being in contact with any support person, inform the race committee. This is an addition to RRS 60.2 (a).

8.3 For each class, the protest time limit is 75 minutes after the last boat in that class finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.

- 8.4 Hearing request forms are available from the race office and the official notice board.
- 8.5 Notices will be posted no later than 45 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held beginning at the time and location published on the official notice board.
- 8.6 In RRS 61.2(b)(2) and 63.7(b) 'on the last scheduled day of racing' is changed to 'on the last day of the qualifying series or the last scheduled day of racing'.

9 SCORING

- 9.1 3 races are required to be scored to constitute a series.

10 REPLACEMENT OF EQUIPMENT

[DP] Substitution of damaged or lost equipment is not allowed unless authorized in writing by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

11 EQUIPMENT AND MEASUREMENT CHECKS

[DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

12 OFFICIAL VESSELS

Official vessels will be identified as follows:

Vessel type	Identification
Course boats	Pink flag
Protest committee	White flag with 'Jury'
Race office	White flag with 'Race Official'
Media	White flag with 'Press'

13 Support Vessels

- 13.1 Each driver of a vessel, both coaches and relatives, is a support person according to RRS Definitions.
- 13.2 Support person vessels shall not
- i) In motion be closer to any boat that is racing than 100m
 - ii) In standby be closer to any boat that is racing than 50m
- 13.3 When pennant 3 is displayed from the starting vessel, support vessels shall not be on the course side of the starting line and its extensions.
- 13.4 Operating drones and other remote operated flying objects by any support person over the race area is prohibited due to security reasons.

Date: 2026-07-29 at 18:45