





Supplementary Sailings Instructions

Event:	Swedish Championship for Express
Date:	September 2 – September 5, 2021
Organizer:	Karlshamns Sailing Society

Welcome to Karlshamns Sailing Society. According to recommendations related to ongoing COVID-19 we are not planning to any special restrictions apart from the general recommendations from the Swedish "Public Health Authority".Please respect the recommendations stated in enclosed Appendix: Covid

Any changes related to COVID-19 will be posted on the official notice board and on our website.

This Supplementary Sailing Instructions refers to NOR and only changes or additional rules will be presented in this instructions.

1. Race office and signal mast location

- 1.1 The race office is located in the Svaneviks harbor and marked with "Regatta Office".
- 1.2 The signal mast is located in front of the Sailing Society's clubhouse.
- 1.3 When flag "AP" is displayed ashore, "1 minute " is replaced with " not less than 60 minutes " in race signal "AP".
- 1.4 The official notice board is situated in front of the Sailing Society's clubhouse on the wall to a "pump house".

2. Time Schedule

2.1 Programme:

Programme:	
Wednesday September 1	
Registration at regatta office	16.00 - 20.00
Thursday September 2	
Registration and Measurement, Boat launch	
and safety inspection	12.00 - 20.00
Tune up race are planned to start at the latest	14.00
After sail from	18.00
Friday September3	
Opening ceremony at KSS club house and	
Skippers briefing	08.00
Time for the first warning signal	11.00

After sail as soon as the days races is over	
Saturday September 4	
Skippers briefing will be announced if	
necessary	09.00
Time for first warning signal	11.00
Regatta dinner approx	18.00
Sunday September 5	
Skippers briefing will be announced if	
necessary	08.30
Time for the first warning signal	10.00
No warning signal will be given after 15.00	
Unless it follows a signal of general recall	
or postponement of a race whose first warning	
signal had been made before 15.00	

- 2.2 Price giving ceremony as soon as possible after finishing the races and protest hearings. A separate price is given for winning the tune up race.
- 2.3 Boat that has a long journey home and planned to leave on Sunday will be given priority at boat haul out.
- 2.4 Nine (9) races are planned in total over three racing days.

3. The marks and cours

- 3.1 The rounding marks are yellow cylinders.
- 3.2 When changing the course according to RRS 33 the original marks will be moved. This changes RRS Appendix S 10.1.

4. Time limits

- 4.1 Time limit for the first boat to sail the course and finish is 80 minutes.
- 4.2 Finishing window is 20 minutes.

5. Changes and additions to RRS appendix S

- 5.1 The course is a windward leeward course. See cource appendix.
- 5.2 The starting line is between a red flag on starting vessel and a buoy with a red flag at the port end. This changes RRS Appendix S 9.2.
- 5.3 Finishing line is between a blue flag on the starting vessel and a buoy with a red flag in front of the starting vessel. This changes RRS Appendix S 9.2.
- 5.4 The class flag is flag F and the class flag for final series on Sunday is "Gold" for the Gold fleet and "Silver" for the Silver fleet. This changes RRS Appendix S 6.1.
- 5.5 A boat starting later than 4 minutes after her starting signal will be scored "Did Not Start". This changes RRS A4.
- 5.6 If signal flag T is shown before or with the warning signal, the course will be sailed 3 laps.

6. Race Format

- 6.1 For the qualifying races on Friday and Saturday will all boats sail in one fleet.
- 6.2 If one or more races have been completed by the end of racing day on Saturday, the boats will be assigned to final series fleets Gold and Silver on the basis of their ranks in the Qualifying series. Half, 50% (or if odd number, one more to Gold fleet) of the boat ranked highest in the qualifying series will be assigned to Gold fleet. The remaining boats will be assigned to Silver fleet.

- 6.3 The final series will consist of up to two (2) races for Gold and Silver fleets separately.
- 6.4 Three (3) races are required to constitute the Championship. If a final series is sailed, it is sufficient for the boats sailing in the Gold fleet to have sailed three (3) races in the qualifying and final series to constitute the championship.

7 Scoring

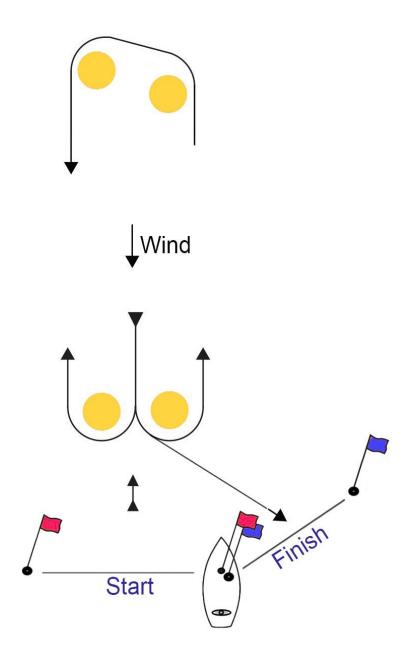
- 7.1 The low point scoring system of Appendix A, as changed below, will apply. When three or fewer races have been completed, a boat's overall score shall be the sum of her race scores. If more than three races are sailed, the highest race score will be deducted from each boat's total series score and ranking according to A.2.1 in RRS Appendix A.
- 7.2 Qualifying and Final Series races will be scored single points, but the points from the final race of the Final Series cannot be excluded.
- 7.3 The Qualifying Series score plus the Final Series score will be the total series score for the Championship.
- 7.4 The boats in the Gold Fleet will be ranked above the boats in Silver Fleet in the total series score for the Championship.
- 7.5 Final Series Gold and Silver fleets need not have completed the same number of races.

Welcome to Karlshamns Sailing Socitety

Lennart Johansson Ax

President

Appendix: Cours



- 1. The course is a windward-leeward course sailed 2 laps.
- 2. If signal flag T is shown before or with the warning signal, the course will be sailed 3 laps.
- 3. The race committee will try to set lay the course so that a race will take approximately 40-45 minutes to sail.

Together we can slow down the spread of infection!



It is everyone's responsibility to prevent the spread of COVID-19.

Here is what you can do:



Stay at home, even if you only have mild symptoms. Get tested for COVID-19 even if you are vaccinated.



Keep a distance from others, especially indoors. Avoid crowded places such as shops, shopping centres and public transports.



Work from home if possible. When you are at your work-place, keep a distance from others at meetings, in break rooms and in changing rooms.



Wash your hands often with soap and water for at least 20 seconds, or use hand sanitiser.



Socialise outdoors and in smaller groups. Avoid close contact, especially indoors and in small spaces for a long time.



Travel in a way that minimises the risk of infection. If possible, walk, cycle or use other alternative means of transportation. Make sure you can self-isolate or travel home safely if you develop symptoms of COVID-19.

County Medical Officers can issue local and regional recommendations. Read more at krisinformation.se.

This is a summary of The Public Health Agency of Sweden's amendment of regulations and general guidelines on everyone's responsibility to prevent the spread of COVID-19 (HSLF-FS 2020:12). The new general guidelines came into force on 1 July 2021.

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