



NoR will follow in English after short Swedish summary

Välkommen till Tune Up & 2025 Inofficiella Öppna Svenska Mästerskapet för H-båt!

8–10 augusti 2025 i Stockholm

Stockholms Segelklubb bjuder in dig som seglar H-båt – oavsett erfarenhetsnivå – till några fantastiska dagar med träning, kappsegling och gemenskap i hjärtat av Stockholm!

Som en förberedelse inför nästa års hemma-VM i Stenungssund har vi gjort seglingsföreskrifterna på engelska. Låt er inte skrämmas av det utan närma er dem med nyfikenhet! Alla är välkomna och vi hjälper alla fullfölja formalia!

Program:

- Fredag 8 augusti: Träning och trimning med Claus Høj Jensen, 10-faldig världsmästare i H-båt. Föreläsning, praktiska tips och möjlighet att ställa frågor. Kvällen avslutas med pubkväll och livemusik!
- Lördag 9 augusti: Tävlingarna drar igång. Första start kl. 11:00. På kvällen blir det regattafest med prisutdelning.
- Söndag 10 augusti: Reservdag för tävling om det behövs, annars fri träning på banan.

Anmälan och avgift:

- Anmäl dig senast 23 juli 2025 via Sailarena:
sailarena.com/sv/se/club/sskl/oppet-distriktsmasterskap-h-bat-stockholm
- Startavgift: 1 250 kr (Swish eller banköverföring). I priset ingår bl.a. båtlyft, hamnplats, föreläsning, pubkväll och regattafest (exklusive dryck).
- Sen anmälan fram till 3 augusti mot extra avgift 500 kr.

Viktiga regler:

- Minst en person måste vara medlem i Svenska H-båtsförbundet eller ett annat h-båtsförbund och alla ombord ska vara anslutna till en klubb som hör till Svenska Seglarförbundet.
- Minimiålder: 12 år.
- Båten måste vara en H-båt.

Plats:

- Start och mål vid Fredhällshamnen i Stockholm.
- Seglingarna sker på Mälarens vatten, nära centrala Stockholm.

Förberedelser:

- Boka ev. lyft i god tid genom att mejla segla@ssk-sthlm.nu eller ringa +46 768 53 58 79.
- Mer och eventuell tillkommande information hittar du på Sailarena.
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Vi bjuder på en familjär och rolig stämning – perfekt både för nya och erfarna H-båtsseglare! Välkommen att segla, träna och festa tillsammans med oss!

Notice of Race

Event:	Tune up & 2025 Open Inofficial Swedish Championship H-Boat
Dates:	August 8 to 12, 2025
Location:	Stockholm, Sweden
Classes:	H-Boat
Regatta category:	Blue
Organizing authority:	Stockholms Segelklubb

1 RULES

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 RRS 40.1 will always apply while the competitor is afloat. A boat breaking this rule may be warned or penalized at the discretion of the protest committee.
- 1.3 Boats may, according to World Sailing Regulation 20, be required to display advertisements chosen and supplied by the organizing authority.
- 1.4 No national authority prescriptions will apply, except what prescribes in NoR 3.7 and 13.1.
- 1.5 The official language in the regatta documents is English. If there is a conflict between languages, the English text will take precedence.

2 SAILING INSTRUCTIONS

- 2.1 The sailing instructions will consist of the instructions in RRS Appendix S, Standard Sailing Instructions, and supplementary sailing instructions that will be handed out upon registration on site and available on the official noticeboard at <https://www.sailarena.com/sv/se/club/sskl/oppet-distriktsmasterskap-h-bat-stockholm/> from August 8, 2025 at 10:00.

3 ELIGIBILITY

- 3.1 The regatta is decided in open class of H-boat.

However, no boats from Russia or Belarus, or boats with competitors from Russia or Belarus, may participate in the regatta according to World Sailing's recommendations in response to the situation in Ukraine. Entries from such boats will be rejected or cancelled in accordance with RRS 76.1.

- 3.2 Each boat's measurement certificate according to the class rule shall be presented to the organizing authority at latest at registration on site. This changes RRS 78.2. Boats without a measurement certificate will be accepted if it is clear that the boat is a H-boat.

- 3.3 A boat shall be insured with a valid third-party liability insurance. The organizing authority cannot be held responsible for any events that occur because of actions or omissions by a competitor or a competing or participating boat, including insufficient insurance.
- 3.4 Each competitor shall comply with World Sailing Regulation 19 and be a valid member of a club or other organization affiliated to the Swedish Sailing Federation (SSF) or another World Sailing member national authority.
- 3.5 Each competitor shall be a valid member of a National H-Boat Association affiliated to the International H-Boat Association (IHA).
- 3.6 Each competitor shall reach at least 12 years of age during the year of the regatta.

4 ENTRY AND FEES

- 4.1 Eligible boats may enter by paying the required fee and filling out the mandatory boat and crew information online in the registration system Sailarena, <https://www.sailarena.com/sv/se/club/sskl/oppet-distriktsmasterskap-h-bat-stockholm/> no later than July 23, 2025.

- 4.2 The entry fee per boat is SEK 1,250 to be paid to
Swish 0768 53 58 79 (Axel Alm)

or

Bank Handelsbanken
IBAN SE69 6000 0000 0007 5323 5242
BIC HANDSESS

The payment shall be marked *SKIPPER'S NAME* and *"SAIL NO" and Numer of crew members*.

- 4.3 The entry fee includes:
- Boat lift fees and Mooring fees during the event
 - Training, trim and tune-up day with 10-fold world champion Claus Høj Jensen
 - Tickets for the registered crew to:

Pub evening including food. (excl. beverage)	August 8th
Regatta Party (excl. beverage)	August 9th
- 4.5 Beverages including wine, beer and other beverages will be available for purchase at the bar.
- 4.6 To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees. No entry is complete until it has been accepted by the organizing authority. The organizing authority is not responsible for any costs incurred by the non-acceptance of a boat's registration.
- 4.7 Late entry, accompanied by an extra fee of SEK 500, may be accepted at the discretion of the organizing authority no later than August 3, 2025.
- 4.8 If an entry is withdrawn no later than July 25th, 2025, the entry fee will be refunded after deduction of an administrative fee of SEK 500.

- 4.9 If the number of entered boats in a class at the latest time for entry is 10 or less, the organizing authority reserves the right to cancel the regatta for that class. If so, boats concerned will be refunded the entire entry fee.

5 REGISTRATION AND INSPECTIONS

- 5.1 Each boat shall complete her entry by **registration on site** at the Race Office, SSK Marina, Fredhäll, Stockholm, **no later than August 9th, 2025 at 09:00** after having
- (a) completed the mandatory boat and crew information in the registration system Sailarena, <https://www.sailarena.com/sv/se/club/sskl/oppet-distriktsmasterskap-h-bat-stockholm/>;
 - (b) submitted documents to comply with NoR 3.2 – 3.6 in separate PDF documents via email to segla@ssk-sthlm.nu or to be shown at registration; and
 - (c) been approved in an inspection according to NoR 5.2.
- 5.2 Each crew in the H-Boat class shall be **inspected** for compliance with NoR 6.3 at the Race Office **no later than August 9, 2025 at 08:30**.
- 5.3 A boat or equipment may be inspected at any time. On the water, the race committee or the technical committee can instruct a boat to proceed immediately to a prescribed location for inspection.

6 CREW AND EQUIPMENT

- 6.1 Crew members may be changed after written permission of the race committee.
- 6.2 Damaged or lost equipment may not be replaced without the written permission of the race committee. An application for such a permit shall be made at the first reasonable opportunity.
- 6.3 In the H-Boat class, the total weight of a boat's crew in underwear shall not exceed 300 kg.

7 SCHEDULE

- 7.1 Time schedule

Thursday August 8

Possibility to use crane upon reservation by calling +46 768-53 58 79 at least 3 days in advance

Friday August 9

7:00-9:00	Possibility to use crane upon reservation as above
8:00 – 10:00	Registration, SSK Club House Fredhällshamnen
10:00 – 10:30	Welcome, Presentations
10:30-11:30	Claus Høj Jensen lecture
11:30	Sandwiches
12:00-14:00	Tuning the boats Claus Høj Jensen
14:00-18:00	Sail Training on track
18:00->	After Sail Pub SSK Club House, live music

Saturday August 9

09:00	Skipper's briefing
11:00	Racing – First Warning signal

18:00	Swedish H-boat Association annual meeting including After Sail
19:30	Regatta party with closing ceremony/Prize giving

Sunday August 10

Spare day if Championships are still not finished.

10:00	Racing – First Warning signal of the day
15:00	Last start time.
16:00	Spare closing ceremony/Prize giving.

If Championships are finished on August 9, Sunday will be training day on track, starting 10:00.

- 7.2 Schedule may be changed. Changes will be displayed on the official notice board as described in the sailing instructions.

8 VENUE, COURSE AND FORMAT

- 8.1 The venue will be Fredhällshamnen and the Stockholm inner waters. Championships are sailed in Lake Mälaren, preferably on Riddarfjärden, outside of Stockholm city hall or at Solviksfjärden.

- 8.2 The course will be a windward-leeward course as described in the sailing instructions. The target time for the first finishing boat in each race will be 40 minutes, but possibly shorter as adjusted to the course.

- 8.3 The event will consist of a series of races with all boats in the same fleet. Six races are scheduled.

9 PROTESTS AND PENALTIES

- 9.1 RRS T1 will apply.

- 9.2 RRS 44.1 will be changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

- 9.3 RRS 60.1(a) will be changed so that a boat cannot protest another boat or competitor for a breach of NoR 1.2, 1.3, 1.5, 3.2, 6.3, 11 or 12. The penalty for breaking these rules may be less than disqualification if the protest committee so decides.

10 SCORING

- 10.1 Three races are required to be completed to constitute a championship.

- 10.2 RRS A2.1 will be changed so that

- (a) when fewer than 4 races have been completed, a boat's series score will be the total of her race scores, and
- (b) when 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

- 10.3 RRS A4 and A5 will be changed so that a boat starting later than 10 minutes after her starting signal will be scored Did Not Start, without a hearing.

- 10.4 RRS 35, A4 and A5 will be changed so that a boat failing to finish within 20 minutes after the first boat in the fleet sailed the course and finished will be scored Did Not Finish, without a hearing.

11 HAUL-OUT RESTRICTIONS

- 11.1 Boats shall not be hauled out during the event, except with and according to the terms of prior written permission of the race committee.

12 DIVING EQUIPMENT AND PLASTIC POOLS

- 12.1 Underwater breathing apparatus and plastic pools or their equivalent shall not be used around the boats between the preparatory signal of the first race and the end of the regatta, except with and according to the terms of prior written permission of the race committee.

13 TROPHIES AND PRIZES

- 13.1 The Swedish Sports Confederation's Championship Rules and SSF's Competition Regulations 2022 will apply for the award of championship titles and championship signs. These rules and regulations state, among other things, that a competitor to obtain the title of Swedish Champion must be a Swedish citizen.

- 13.2 Challenge trophies and the organizer's prizes will be given.

- 13.3 Championship signs, trophies and prizes will be awarded at the Closing Ceremony, and all competitors are expected to participate in that ceremony. Prizes not claimed at the Closing Ceremony will remain with the organizing authority.

14 PHOTOGRAPHY CONSENT

- 14.1 By entering or participating in the regatta, competitors accept that they may be photographed and videotaped participating in the races or visiting the regatta venue and they consent to the taking of such images and to the use, reuse, publication, and republication of such images in any media, combined with the competitor's name or not, without compensation and without the competitor's approval of such images or any use thereof.

15 DISCLAIMERS OF LIABILITY

- 15.1 The competitors participate in the regatta entirely at their own risk. See RRS 3, Decision to Race. The organizing authority does not assume any responsibility for material damage or personal injury or death in connection with or before, during or after the regatta.

16 FURTHER INFORMATION AND CONTACT

- 16.1 For further information please see **Attachment** and the registration system Sailarena, <https://www.sailarena.com/sv/se/club/sskl/oppet-distriktsmasterskap-h-bat-stockholm/> or contact the organizing authority segla@ssk-sthlm.nu

Attachment to Notice of Race

1 LAUNCHING

Launching will be available at LUX Båtklub upon reservation

Thursday August 7:th	18:00 – 21:00
Sunday August 14	08:00 – 12:00 and after the races, if any

Requests for launching and hauling out should be communicated via segla@ssk-sthlm.nu or +46 768 53 58 79

2 PARKING

Parking of cars according to Stockholm parking. No separate parking available.

Parking for trailers at launching site or appointed address 15 min drive apart.

Notice of Annual Meeting Kallelse till årsmöte

Svenska H-båtsförbundets medlemmar kallas till ordinarie årsmöte i Stockholmms Segelsällskaps klubbhus vid Fredhällshamnen **fredagen den 8 augusti 2025 kl. 18.00**.
Ärenden enligt stadgarna.

Styrelsen

